

# Gel Polish Application

## Step by Step Instructions:



**Step 1:** Wash Hands

**Step 2:** Use an Orange Stick or Gel Removing Tool to gently push back the cuticles.

**Step 3:** Use a file to shape and shorten nails as desired. Ensure that all nail shapes are consistent in shape and length.

**Step 4:** Use a Buffing Block to remove the natural shine of the nail plate. Take care not to over-buff the nails as this will soften and damage the nail plate!

**Step 5:** Use **Sanitizer** and lint-free nail wipes to ensure a clean and oil-free surface.



**Step 6:** Optional. **Apply Bonder** to the surface of each nail and allow at least one minute to set before proceeding with step 7.



**Step 7:** Apply a layer of **Base/Top Gel Polish** to each nail and **cure for 2 min under a UV lamp**. Work carefully around the cuticle area. Use an Orange Stick to wipe away any Gel Polish that might have touched the cuticles or skin.



**Step 8:** Apply a layer of **Colour Gel Polish** to each nail and cure for 2 minutes under a UV lamp. Work carefully around the cuticle area. Use an Orange Stick if needed.



**Step 9:** Apply second layer of **Colour Gel Polish if required**. Cure for 2 min under a UV lamp.



**Step 10:** Apply a layer of **Base/Top Gel Polish**. Cure for 2 min under a UV lamp.



**Step 11:** **Sanitize** the nails with lint-free Nail Wipe and Sanitizer. No need for Top Coat

**Gel Polish vs Nail Varnish:** Manicure lasts 14 to 21 days. Does not leave sheet marks or smudges. Applies like Nail Varnish but with less pressure on the applicator bristles. There is no solvent evaporation which leaves you with loads of time to perfect your application. Gel Polish is suitable for nail repairs and can also be applied to toe nails.

**Gel Polish vs. UV Gel:** Not suitable for Nail Construction but can be applied over any nail enhancement. No Top Coat is needed as the versatile Base/Top Gel Polish leaves the nail with a high shine after Sanitizing. Gel Polish is removed by gently filing down to the first layer of gel and re-applying the Gel Polish application or by soaking with Gel Remover.



**Products needed:**  
Base/Top Gel Polish  
Colour Gel Polish  
Bonder (optional)  
Sanitizer  
Lint Free Wipes  
Nail File  
Cuticle Pusher  
UV Lamp